

Garden-Based Education Resources

Available from the California Department of Education

(See Order Form on reverse.)

A Child's Garden of Standards: Linking School Gardens to California Education Standards is a guide to garden-based education using existing curricula in grades two through six. It links activities selected from several published educational materials to specific academic content standards at each grade level in science, history/social sciences, mathematics, and English language arts. These varied publications, many already widely used and field-tested by teachers statewide, feature effective garden-based learning strategies. Activities featured in this guide were chosen for their strong support of one or more education standards and ease of integration into grade-level curricular activities. *A Child's Garden of Standards* shows how instructional school gardens can make academic content standards come alive for students, encouraging their creativity, problem solving, and sheer love of learning that come from hands-on, experiential learning.

Fresh Fruit and Vegetable Photo Cards is a set of 142 beautiful, color photographs suitable for framing. The front of each fully laminated 8.5" × 9.5" card displays a color photograph of a fruit or vegetable with its name in English and Spanish. On the reverse is a bar graph displaying an analysis of nutrients, suggested serving size, and other useful information. Ideas for using the cards with students of all ages are included. *Call the Sales Office for availability.*

Kids Cook Farm-Fresh Food is an activity guide that links academic content standards to the real world through gardens, nutrition, cooking, recycling, and the environment. Activities engage teachers and students in grades two through seven in exploring fresh, seasonal, locally grown produce through direct experience. Using tested recipes and farm profiles, *Kids Cook Farm-Fresh Food* links agriculture and the culinary arts to reading, mathematics, social sciences, and geography. This guide also links food and nutrition to the concept of sustainable agriculture, which is a commitment to growing and distributing food in an environmentally sound, economically viable, and socially just manner. Alongside instructional school gardening experiences, this guide helps students to develop a deeper understanding of where food comes from, and how farmers bring life from the land, while students apply math, language, and other core skills.

Nutrition to Grow On is an innovative curriculum for grades four through six that offers teachers a direct link between the garden and nutrition education. Nine lessons are designed to teach children and their families about nutrition by relating each lesson to a garden activity. The curriculum uses the garden to integrate disciplines, including science, mathematics, language arts, history, environmental studies, nutrition and health, while reinforcing some of the California academic content standards. School gardens are wonderful sources of food and beauty and outlets for physical activity; they can also help students discover fresh food and learn to make healthier food choices. *Nutrition to Grow On* taps into these instructional gardens to cultivate the students' talents and skills while enriching their capacities for observation and thinking.

